



<b>Curriculum statement for PE (Physical Education)</b>			
<b>Intent</b>	<p>At St John’s we aim to inspire all children to succeed and excel in a broad range of physical activities. The PE curriculum is planned covering the skills and knowledge/content themes from the National Curriculum for Key Stage 1 and 2 and the EYFS for the Foundation Stage.</p>		
	<p>We encourage curiosity in PE, with the involvement of ABC Sports to support staff CPD. We expose our pupils to a wide range of physical activities that they may not choose to take part in outside of school. All activities planned, develop the skills and control that they need to take part in PE and sport, including competitive sport. Pupils demonstrate their resilience by developing values such as teamwork, honesty, determination, respect, sportsmanship and self-belief. Pupils are encouraged to always try their best regardless of the outcome</p>		
	<p>We encourage our pupils through the use of personal and team challenges and praise all successes no matter how small. Pupils have the opportunity to demonstrate and share their learning and newly developed skillsets with their peers.</p>		
	<p>Communication skills are a vital part of physical education. Pupils are required to engage with others through discussion when learning new skills, giving verbal support and feedback to comment on their peer’s progress and development. During team games spoken language is vital to ensure a positive outcome or to support team mates</p>		
	<p>We ensure that children are physically active for sustained periods of time leading to an understanding of the importance of exercise and a love of sports. We endeavour to help children understand that PE and sport are an important part of an active lifestyle needed for a balanced and healthy future.</p>		
<b>Key learning outcomes</b>	<b>Acquiring and Developing Skills</b>	<b>Evaluating and Improving</b>	<b>Health &amp; Fitness</b>
	<p>Pupils will learn to apply and develop a range of skills to enable them to become successful games players, dancers, gymnasts, swimmers and athletes. Their experiences will also be enriched through opportunities for outdoor and adventurous activities.</p>	<p>Pupils will learn how to compare and comment on skills, techniques and ideas that they and others have used. They will be taught how to use their observations to improve their own work and performances</p>	<p>Pupils will learn the importance of physical activity on their health and be taught to make healthy life choices which will lead to living a healthy and active life.</p>



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<b>Implementation</b>	<p>Physical Education develops the pupil’s knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. Physical Education promotes an understanding in pupils of their bodies in action. It involves thinking, selecting and applying skills and promotes attitudes towards a healthy lifestyle, thus enabling them to make informed choices about physical activity throughout their lives.</p> <p>We use a scheme of work called ‘Get Set 4 PE’. This enables us to have consistency of taught skills and progression across the school.</p>		
	<p><b>Broad and Balanced Curriculum</b> We aim to ensure we provide a broad and balanced curriculum which includes comprehensive coverage of the National Curriculum for Physical Education in KS1 and KS2 and is in line with the Early Learning Goals in the EYFS.</p>	<p><b>Daily Physical Activity / Active Learning</b> Use of the daily mile track Use of outdoor play equipment, including climbing frames, trampolines and gym equipment.</p>	<p><b>Cross Curriculum Links Where possible,</b> Links will be made to current topics, which will engage pupils and make their learning relevant.</p>



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<b>Impact</b>	<p>How do we know / measure what the children can and cannot do? What happens if they cannot?</p> <p>Pupils will be able to talk enthusiastically about their P.E.</p> <ul style="list-style-type: none"><li>• Pupils will be able to confidently talk about why Physical Education is important.</li><li>• Pupils will be able to link skills, techniques and ideas and apply them accurately and appropriately.</li><li>• Pupils will be able to show good control in their movements.</li><li>• Pupils will be able to compare and comment on skills, techniques and ideas that they and others have used.</li><li>• Pupils will be able to use their observations to improve their work.</li><li>• Pupils will be able to explain some important safety principles when preparing for exercise.</li><li>• Pupils will be able to explain what effect exercise has on their body.</li><li>• Pupils will have acquired and developed skills and performed with increasing physical awareness.</li><li>• Pupils will be able to understand what it takes to persevere, succeed and acknowledge others' success.</li><li>• Pupils will be able to take the initiative, lead activities and focus on improving performances.</li><li>• Pupils will be able to excel in a broad range of physical activities.</li><li>• Pupils will have the understanding of how to lead healthy and active lives and make positive life choices.</li><li>• Pupils will have developed positive attitudes to participation in physical activity</li><li>• Pupils will have embedded sporting values such as honesty, determination, teamwork, passion, self-belief and respect.</li><li>• Pupils will have acquired the appropriate age related knowledge.</li><li>• There will be no significant gaps in the progress of different groups of pupils (e.g. disadvantaged vs non-disadvantaged)</li></ul>
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