

Curriculum statement for RESPECT

Relationships Emotions Social Personal Economic Citizenship Together.

Our RESPECT curriculum is a combination of RSHE, PSHE, Citizenship and RE.

At St John's, we value and recognise that all children are individuals on a journey to discover themselves and the world around them. We have created a bespoke curriculum which intends to nurture and support children as they navigate their way through the different stages of life, with RE at the heart of all we do.

We intend to provide a high quality, aspirational and age appropriate curriculum, that is accessible to all with opportunities for questions and discussions in a safe and respectful environment. We aim to provide a breadth of opportunities as children discover more about themselves and the wider world and encourage children to make the most of their abilities. We want our children to understand their rights and responsibilities and feel confident to make informed decisions and manage risks appropriately as well as become good citizens within society.

Children at St John's will be able to understand how to live a healthy lifestyle, how keep themselves safe online and offline and develop safe and healthy relationships. We want our children to be prepared for puberty and be educated in human sexuality

At St John's, we recognise the need and the importance of mental health and emotional wellbeing and want to support our children with managing their emotions to become resilient learners. We aim to provide our curriculum in a way that is sensitive, caring and understanding so that children are ready for the next stages in their life.

We intend that our children will:

following guidance from the Church.

- Be happy, healthy and have a strong sense of self
- Recognise the importance of mental health
- Be resilient learners
- Recognise and understand their emotions
- Know what healthy relationships look like online and offline
- How to keep themselves safe (including online)
- How to safeguard themselves and others
- Know who to speak to and what to do if they need help
- Know and understand how to be a good citizen
- Have the knowledge, skills and understanding needed to prepare them for living in an ever changing, diverse world.

Intent



Our bespoke RESPECT curriculum has been carefully planned to meet the statutory RSHE requirements that sits within a wider framework of PSHE and RE. The curriculum has been designed with the current cohorts of children in mind and is adapted and changed to further meet their needs as matters arise. Local and national research and data has been taken into consideration and has helped to shape our bespoke curriculum.

Parents have been consulted with for the RSHE side of our RESPECT curriculum and an RSHE policy is in place.

The statutory RSHE curriculum is taught through the Ten:Ten Life to the Full scheme, an approved RSHE programme of study by the diocese that is in line with the teachings of the Catholic Church.

The programme is broken down into three modules:

- Created and Loved by God (this explores the individual) The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.
- Created to Love Others (this explores an individual's relationships with others) God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.
- Created to Live in Community local, national & global (this explores the individual's relationships with the wider world) Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

Further whole school PSHE themes have been carefully planned to complement and enhance our RESPECT curriculum to ensure our children leave St John's with the knowledge, skills and understanding to live in an ever changing, diverse world.

Our PSHE themes are:

- Emotional Literacy
- Zone of Regulation
- Well-being and Mental Health
- Celebrating differences (cultures, communities and people)
- British Values/following the law
- Bullying/Anti-bullying
- Grief/loss
- Healthy Relationships
- Healthy eating/Dental hygiene

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- Child protection/abuse (all kinds)
- Online Safety
- Social Media
- Consent
- Social and emotional side of puberty
- Keeping yourself safe (managing risks, sun safety, water safety, road safety, rail safety, fire safety, electrical safety)
- County Lines/Drugs/Gangs
- People in the community (police, fire etc.)
- Money
- Work and Careers
- First Aid

PSHE year group lesson objectives have been planned for using a range of documents and resources including the PSHE Association, Twinkl, NSPCC and KCSIE (Keeping Children Safe in Education).

At St John's, all year groups have a 1 hour time slot dedicated to RESPECT lessons. The lessons are either RSHE or PSHE with RE elements running throughout and at the heart of all we do. There are also whole school assemblies every other week based around the RESPECT curriculum with safeguarding each half term. Children in EYFS and KS1 have folders to keep records of RESPECT curriculum work and assessments whilst KS2 have individual books. The whole school has moved to RESPECT floor books for each year group to evidence the learning journey.

Whole school planning has been developed by the RSHE/PSHE leads and been given to all staff to support the delivery of the RESPECT curriculum. All staff have attended staff meetings to launch our new RESPECT curriculum and have been given time to work in phase teams to plan PSHE lessons with the support of the subject leads.

All children have also watched the Disney Pixar film 'Inside Out' to support with the launch of the RESPECT curriculum. This gave children an insight into why recognising and regulating their emotions is important and what to do if they need help. This also supports our updated school behaviour policy and children refer to the zones of regulation to regulate their emotions and behaviour.

We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This

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supports both our school and PSHE aims and values, and we focus on Growth Mindsets in all aspects of school life. This is an area we will look to develop further over time.

PSHE, including SMSC and BV (British Values), is an integral part of the whole school curriculum, and is therefore is also taught within another subject areas. Visitors such as emergency services and the school nurse complement our PSHE curriculum to offer additional learning. We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community, including supporting our Church with the soup kitchen. We challenge all of our pupils to look for opportunities to show the school values (joy in their faith, be aspirational in their learning, demonstrate self-confidence and be caring towards others). Assemblies are linked to PSHE, British Values and SMSC and cover any additional sessions that would benefit the whole school. PSHE, BV and SMSC displays throughout school reinforce the PSHE curriculum enabling children to make links.

Subject leads attend annual RSE conferences and have presented our RESPECT curriculum at the Diocesan RSE conference to other Catholic primary schools. Staff CPD is reviewed regularly and support provided where necessary. The school also has an experienced ELSA who works with children throughout the school and supports the varying needs appropriately.

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Children at St John's are receiving a bespoke curriculum tailored to their wants and needs. The subject leads and governing body are happy that the curriculum provides the knowledge, skills and understanding that children need to live in the wider world. Children at St John's have welcomed the new RESPECT curriculum and are enjoying the lessons and discussions that arise.

The RESPECT curriculum is still in its infancy despite the RSHE aspect having been taught and embedded within the curriculum since becoming a statutory subject.

RSHE is evident in individual folders (EYFS and KS1), individual books (KS2) and PSHE is evidence in class floor books. Children have a safe space in which to discuss their feelings, opinions and develop their emotional intelligence. Children recognise and understand the school values and the fundamental British values. RESPECT assemblies have been timetabled fortnightly and the display board reflects how the curriculum is embedded within school life. It is important that children can be assessed using a method which allows them to best express their knowledge and understanding of the topic being taught, so a range of assessments are used, such as photos of practical work, freeze frame pictures, reflective diaries, drama and diagrams. Children can also articulate their Safeguarding learning to external visitors as evidenced during Safeguarding reviews.

Monitoring of the RESPECT curriculum is carried out by the RSHE/PSHE leads using the following methods:

- Learning walks
- Book looks
- Staff meetings/Staff CPD for all staff
- Pupil discussions/pupil voice
- Meetings with the head and safeguarding team
- Meetings with the link governor

As a Catholic school the entire teaching is underpinned with a religious understanding that our deepest identity is as a child of God - created chosen and loved by God.

Impact